

Our Lady of Perpetual Succour

Catholic Parish Toukley/Lake Munmorah

St Mary's Church 458 Main Rd Noraville

St Brendan's Mass Centre 29 Carters Rd Lake Munmorah



Vision

To be A Vibrant Eucharistic Community

Pastoral Team

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Augustinian Sisters of Our Lady of Consolation—Convent

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Parish Secretary: Mrs Sarah-Jane Rosen

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Catechist Coordinator

Sr. Josefa Mabini PH: 0402480933

Sacramental Coordinators

Sr. Jennifer Canillas PH: 0435 788 759

Cath Cefai PH: 0418 836 512

Sunday Parish Bus Service

Mrs Joan Haslam 4392 6892

Parish Schools

St Mary's

Principal Ms Emma Sellars 4396 5100

St Brendan's

Principal Ms Charlene Reid 4358 1501

St Brigid's College

Principal Mr Adam Murdoch 4358 4278

THE TRANSFIGURATION OF THE LORD

6th August, 2023



THE SACRAMENT OF THE EUCHARIST CONTINUED

The liturgy of the Eucharist unfolds two great parts that form a fundamental unity: - the gathering, the liturgy of the Word, with readings, homily and general intercessions;- the liturgy of the Eucharist, with the presentation of the bread and wine, the consecratory thanksgiving, and communion.

The *presentation of the offerings* (the Offertory) at the altar takes up the gesture of Melchizedek and commits the Creator's gifts into the hands of Christ who, in his sacrifice, brings to perfection all human attempts to offer sacrifices.

The presence of Christ by the power of his word and the Holy Spirit

The mode of Christ's presence under the Eucharistic species is unique. It raises the Eucharist above all the sacraments as "the perfection of the spiritual life and the end to which all the sacraments tend. The Eucharistic presence of Christ begins at the moment of the consecration and endures as long as the Eucharistic species subsist. Christ is present whole and entire in each of the species and whole and entire in each of their parts, in such a way that the breaking of the bread does not divide Christ. To receive communion is to receive Christ himself who has offered himself for us. "The altar represents the body [of Christ] and the Body of Christ is on the altar."²¹⁵ The liturgy expresses this unity of sacrifice and communion in many prayers.

The fruits of Holy Communion

Holy Communion augments our union with Christ. The principal fruit of receiving the Eucharist in Holy Communion is an intimate union with Christ Jesus. *Holy Communion separates us from sin.* The body of Christ we receive in Holy Communion is "given up for us," and the blood we drink "shed for the many for the forgiveness of sins." The Eucharist *preserves us from future mortal sins.* The more we share the life of Christ and progress in his friendship, the more difficult it is to break away from him by mortal sin.

The unity of the Mystical Body: the Eucharist makes the Church. Those who receive the Eucharist are united more closely to Christ. *The Eucharist commits us to the poor.* To receive in truth the Body and Blood of Christ given up for us, we must recognize Christ in the poorest, his brethren.

THE EUCHARIST - "PLEDGE OF THE GLORY TO COME"

Since the Eucharist is the memorial of the Passover of the Lord Jesus, if by our communion at the altar we are filled "with every heavenly blessing and grace,"²⁴² then the Eucharist is also an anticipation of the heavenly glory. Jesus said: "I am the living bread that came down from heaven; if anyone eats of this bread, he will live for ever; . . he who eats my flesh and drinks my blood has eternal life and . . abides in me, and I in him" (*Jn 6:51, 54, 56*).

WEEKEND MASS TIMES

St Mary's Church Toukley

Saturday: Vigil 6:00pm Fr Tomy
Sunday: 7:30am Fr Tomy
9:00am Fr Tomy
6:00pm Fr Baby
Children's Liturgy 1st & 3rd Sunday at 9:00am
Mass (except school holidays)

St Brendan's Church Lake Munmorah

Saturday: Vigil 5:00pm Fr Baby
Sunday: 8:00am Fr Baby

WEEKDAY MASS TIMES

St Mary's Church Toukley

Monday 9:00 am
Tuesday 9:00 am
Wednesday 9:00 am
Thursday 9:00 am (Ordinariate of Our Lady of
the Southern Cross)
Friday 9:15am (Except 1st Friday of Month)

First Friday of Month Anointing of Sick

11:00am

Saturday 9:00 am

St Brendan's Church Lake Munmorah

Wednesday 9:00am

First Wednesday of Month Anointing of Sick

9:00am

Thursday 9:00am

EXPOSITION BLESSED SACRAMENT

St Mary's Church Toukley

Each Saturday – After Morning Mass

SACRAMENT OF RECONCILIATION

St Mary's Toukley

Saturday 9:30am -10:00am (by appointment at
other times)

St Brendan's Lake Munmorah

Saturday 4:30 -5:00pm

MORNING PRAYER OF THE CHURCH

St Mary's Toukley

8:20 am Monday to Thursday & Saturday

8:45 am Friday

First Friday Night Vigil

Exposition after 7pm Mass until 1.30am



Welcome to our Parish. Today we celebrate **The Transfiguration of the Lord**. We welcome you to our Church & are very pleased to see you here.

Upcoming events - Save the Dates:

Sun 6th Aug: Parish Morning tea and celebration
Tues 8th Aug: St Mary of the Cross Mass St Brendan's Year 3 9am
Sun 13th Aug: Thanksgiving Mass for Fr. Joshi Tues
Tues 15th Aug Assumption Mass:
9:00am St Mary's Parishioners Mass
9:00am St Brendan's Parish & school Mass
9:15am St Brigid's whole school Mass
11.30am St Mary's Primary whole school Mass



100th Birthday Celebration for Heather Baker

Please join us today for a very special celebration for Heather who is celebrating her 100th birthday!



The Parish would like to thank one of our dear Parishioners for their generous support towards the World Youth Day

Dear Parishioners and friends,

We shall be publishing articles on sacraments in the upcoming weeks of the Parish Bulletin. Today we reflect further on **Holy Eucharist** which we all received long ago. It would be a great reminder for all of us to refresh our thoughts and ideas about sacraments we celebrate in the church and a great opportunity to know them better.



Confirmation Sacramental Program

Baptised children in Yr 3 (or above) are able to enroll in this program. Enrolments open on 7th August to 21st August. Parent Information Sessions held on 23/24th August. Preparation classes commence 28th August. The Confirmation ceremony will be on Sat 14th October. There will be one ceremony at St Mary's Church at 11am.

Thank you Father Joshi

Dear friends, Fr Joshi is on transfer to The Entrance Parish. He was with us for more than 5 months, we are grateful for his wonderful ministry, love and friendship. We wish God's blessings in his new appointment and endeavours. We shall have a thanksgiving morning tea on 13th August after 9am Mass at St Mary's.



Birthdays Sr. Jennifer & Fr. Joshi celebrate their birthdays today, 6th August. We shall celebrate their birthdays as a Parish community next Sunday after 9.00am Mass at St Mary's.



**CONFUSED? JOIN A
DIALOGUE ABOUT "THE
VOICE"
Let's take the heat out of
the discussion.
Come 10:30 - 12:30 Parish
Centre.
Thursday's 17th & 24th August**
Margaret Hagan

THE GARAGE SERVICE CENTRE
at **BP Lake Munmorah**
4358 1302
ALL MECHANICAL & ELECTRICAL REPAIRS incl...
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Unit 4, 11-13 Arizona Road, Charmhaven 2263
Ph: (02) 4393 2443
Email: charmhaven@internode.on.net

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In the diocese a child can receive first holy communion after baptism and confirmation in year 4 or above. The First holy communion concludes the sacraments of initiation. Only validly ordained priests can preside at the Eucharist and consecrate the bread and the wine so that they become the Body and Blood of the Lord. Anyone who desires to receive Christ in Eucharistic communion must be in the state of grace. The Church warmly recommends that the faithful receive Holy Communion when they participate in the celebration of the Eucharist; she obliges them to do so at least once a year.

“One who is to receive the most Holy Eucharist is to abstain from any food or drink, with the exception only of water and medicine, for at least the period of one hour before Holy Communion” (CIC 919 §1). Elderly people, those who are ill, and their caretakers are excused from the Eucharistic fast (CIC 191 §3). There is an estimated (at least) 350,000 Catholic Masses celebrated every day on planet Earth. The Church has recognized over one hundred eucharistic miracles, many of which occurred during times of weakened faith in transubstantiation. May the Holy Eucharist continue to nourish our journey on earth to reach heaven. (From CCC)

Fr. Tomy



Homelessness Appeal 5/6 August There is no place like home – but for many, having a home is not a reality. The causes may be diverse, but the impact is the same – a loss of dignity and a sense of hopelessness. Please give generously, as you always do. The special appeal takes place this

weekend 5/6 of August. Envelopes are available at the back of the church.

National Child Protection Week: 3 – 9 September 2023

National Child Protection Week will continue to champion the overarching message that ‘Every child in every community needs a fair go.’ This year, the message is complimented by a focus on “Where we start matters.”

World Youth Day Pilgrimage Itinerary at a glance!

1-7 August WYD week Lisbon. All BB WYD Pilgrims are together now, on their pilgrimage in Portugal, as they prepare for World Youth Day week with Pope Francis and millions of young people from around the world in Lisbon. Keep connected on Facebook <https://www.facebook.com/CYBBAUS/> for highlight videos of their journey so far.

Rosters - Rosters are available now for St Mary’s at the back of the Church.

Catholic Women’s League Toukley Branch are hosting the Scholarship Morning Tea on August 10th in the Parish Centre, where we will have the opportunity of meeting with the recipients of the Scholarship for Years 2023/2024. We are very much looking forward to this event as we haven’t had this opportunity over the past four years due to the Covid restrictions. We will keep parishioners informed of this event as you have all been so generous in supporting our Scholarship fundraising activities for which we are very grateful.

In your charity, please pray for those who have died and those who are sick



Recently Deceased -

Australian Airmen Lieutenant Maxwell Nugent, Warrant Officer Class 2 Joseph Laycock, Corporal Alex Naggs & Captain Dan Lyon, Norma Galliar, Rita Theresa Rajanayagam, Morma Faehrmann, Kerry Pintado, Marian Gorman, Noel McCool, Pauline Landrigan, Patrick Somers, Ronald Elphick, Thomas Kiely, Marie Lazarus, Fr. Carl Ashton, Maria Caruso, Simon Butcher, Kathleen Cassidy, Fred Borg

Anniversaries - Richard Hamer, Stephens Cappa, Paul o’Neile, Elizabeth, Sue Coles, Patricia Phillips, John & Sammy Zepafa, Frederick Jurd, Ignatius Lavin, William Henry Baker

Remembrances - Sr. Consuelo Barcelo, Sr, Patrocinio, Nicholas McGloin, James William Baker, Brown & Miller families, Stanley Nolan & Nolan families, Sr. Monica Nadurata OSA, Sr. Aquilina de Rueda OSA, Valmai Joseph & Stark Family, Kenneth George Durley, Wendy Woodhouse, Carol Brown, Ronald Pingo Roach

Please Pray for the Sick - Maria Butseties, Shirley Campbell, Liz Kelman, Josh. R, Robyn Brand, Susan Simmons, Baby Dottie, Denis Tansey, John van der Kroft, Dawn, Jenna Stoffel, Montaro family, Celly Wakeman, Sheila Rose, Michele Maroon, Oskar Calvi, Gregory Clark, Hector, Robyn Broad, Dylan & partner, Charlie & Nina Micahlllef, Joe, Graham Moir, Diane Booth, Miklos Beothy, Salomie, Robbie Depares, Shirley Campbell, Daniel Schultz, Eva Cusick, Maureen Price, Liz Kelman, Rhondda Rey, Kerrie Lennard, Florian Stoffell, Ken Hancock, Heatherbell Baker, Alicia Haynes, Robyn Broad, Marcos, Bill & families, Cecelia McClusky, Vaughn Haynes, Sabu Kuruvellil, Sr Tincy

July/August Birthdays

John Frame (1st Aug)
Pat Bulgin (5th Aug)
Sr Jennifer Canillas (6th Aug)
Fr Joshi Nadupurra (6th Aug)
Jake Elias (6th Aug)
Ellen Sheerin (7th Aug)
Tony Morath (8 Aug)
Toutai Ketoni (9th Aug)
Heather Baker (10th Aug)
Lorrie O’Brien (13th Aug)
Lance Scrivener (17th Aug)
Peter Turner (20th Aug)
Miriam Spiteri (23rd Aug)
Geoffrey Swan (29th Aug)



Pope Francis’ Prayer Intention for August For World Youth Day

We pray the World Youth Day in Lisbon will help young people to live and witness the Gospel in their own lives



Mackay Family Funerals

In Association with Mackay Family Crematorium

A.B.N. 79 085 423 589

Head Office: 249 Pacific Highway West, Ourimbah 2258

PO Box 89 Ourimbah NSW 2258.

Phone: (02) 4362 2733 Fax: (02) 4362 2899



Volunteer Angels

Male & Female

Do you have a caring heart & time to become a friend to a lonely person in an Aged Care Facility
Please call Anne-Marie 4396

1555

First Reading Daniel 7:9-10, 13-14
A reading from the first book of the Daniel
His raiment was as white as snow.

As I watched:
Thrones were set in place
and one of great age took his seat.
His robe was white as snow,
the hair of his head as pure as wool.
His throne was a blaze of flames,
its wheels were a burning fire.
A stream of fire poured out,
issuing from his presence.
A thousand thousand waited on him,
ten thousand times ten thousand stood before him.
A court was held and the books were opened.
I gazed into the visions of the night.
And I saw, coming on the clouds of heaven,
one like a son of man.
He came to the one of great age
and was led into his presence.
On him was conferred sovereignty,
glory and kingship,
and men of all peoples, nations and languages became
his servants.
His sovereignty is an eternal sovereignty
which shall never pass away,
nor will his empire ever be destroyed.

The word of the Lord.

Thanks be to God.

Responsorial Psalm Ps 96:1-2, 5-6, 9

R. The Lord is king, the most high over all the earth.

The Lord is king, let earth rejoice,
let all the coastlands be glad.
Cloud and darkness are his raiment;
his throne, justice and right. **R.**

The mountains melt like wax
before the Lord of all the earth.
The skies proclaim his justice;
all peoples see he glory. **R.**

For you indeed are the Lord
most high above all the earth
exalted far above all spirits. **R.**

Second Reading 2 Peter 1:16-19
A reading from the second letter of St Peter
We heard this voice from out of heaven.

It was not any cleverly invented myths that we were repeating when we brought you the knowledge of the power and the coming of our Lord Jesus Christ; we had seen his majesty for ourselves. He was honoured and

glorified by God the Father, when the Sublime Glory itself spoke to him and said, 'This is my Son, the Beloved; he enjoys my favour.' We heard this ourselves, spoken from heaven, when we were with him on the holy mountain.

So we have confirmation of what was said in prophecies; and you will be right to depend on prophecy and take it as a lamp for lighting a way through the dark until the dawn comes and the morning star rises in your minds.

The word of the Lord.

Thanks be to God.

Gospel Acclamation Matthew 17:5

Alleluia, alleluia!

This is my Son, my beloved, in whom is all my delight:

listen to him.

Alleluia!

Gospel Matthew 17:1-9

His face was shining like the sun.

Jesus took with him Peter and James and his brother John and led them up a high mountain where they could be alone. There in their presence he was transfigured: his face shone like the sun and his clothes became as white as the light. Suddenly Moses and Elijah appeared to them; they were talking with him. Then Peter spoke to Jesus. 'Lord,' he said 'it is wonderful for us to be here; if you wish, I will make three tents here, one for you, one for Moses and one for Elijah.' He was still speaking when suddenly a bright cloud covered them with shadow, and from the cloud there came a voice which said, 'This is my Son, the Beloved; he enjoys my favour. Listen to him.' When they heard this, the disciples fell on their faces, overcome with fear. But Jesus came up and touched them. 'Stand up,' he said 'do not be afraid.' And when they raised their eyes they saw no one but only Jesus.

As they came down from the mountain Jesus gave them this order, 'Tell no one about the vision until the Son of Man has risen from the dead.'

The Gospel of the Lord.

Praise to you, Lord Jesus Christ



Next Sunday Nineteenth Sunday Ordinary Time

First Reading - 1 Kings 19:9, 11-13

Second Reading - Romans 9:1-5

Gospel - Matthew 14:22-33